

Results

Your healthcare practitioner can expect to receive results 2 weeks after Age Diagnostic Laboratories (ADL) receives the specimen.

Testing should ideally be professionally requested and interpreted. Patient requested tests however are permitted but are intended for informational purposes only.

For further information about this and other tests that are available from Age Diagnostic Laboratories (ADL) please refer to our website:

www.adltests.com

Blood NaHep
specimen collection
instructions

Before you start

Check the contents of the test kit

- 1x Sodium Heparin (dark blue) vacutainer tube
- 1x Age Diagnostic Laboratories (ADL) request form
- 1x Specimen collection instructions
- 1x Foam tube holder
- 1x Ice pack
- 1x Biohazard specimen transport bag
- 1x Padded envelope
- 1x Fedex clinical pak

If items are missing or you have any questions regarding the test kit, please contact Age Diagnostic Laboratories (ADL) on 877 983 7863 or contact your local ADL agency.

Read the enclosed instructions before proceeding.

This kit can be used for any of the following tests

- Mineral & Metal Blood Screen (Red Cell or Plasma) (5018)
- Mineral Blood Screen Level 1 (Red Cell or Plasma) (5021)
- Mineral Blood Screen Level 2 (Red Cell or Plasma) (5022)
- Toxic Metals Blood Screen (Red Cell or Plasma) (5024)

Practitioner, payment and testing details

Complete the ADL request form enclosed.

Be sure to complete all patient information and payment options.

Specimen collection

- Ask the medical practitioner or nurse to collect a blood sample from you in the Sodium Heparin tube provided
- Pack the sample in the transport cylinder and send back to Age Diagnostic Laboratories (ADL) as described in the 'Returning Your Specimen to ADL' section below.

Do not transport blood on fridays or before holidays.

Keep it refrigerated instead.

Returning your specimen to Age Diagnostic Laboratories

- Put the vacutainer tubes in the foam tube holder provided
- Put them into the sealable section of the biohazard specimen transport bag supplied
- Place the completed request form into the non-sealable section of the biohazard specimen transport bag supplied
- Place the biohazard specimen transport bag into the padded envelope provided
- Place the ice pak into the padded envelope provided
- Place the padded envelope into the Fedex clinical pak
- Send the package to Age Diagnostic Laboratories using Fedex

If you are outside of the USA return specimen as per the instructions from your local ADL agent (if applicable).